<https://stackoverflow.com/questions/6463614/how-to-import-an-oracle-database-from-dmp-file-and-log-file>

* 1. Create the user:

create user <username> identified by <password> default tablespace <tablespacename> quota unlimited on <tablespacename>;

* 1. Grant the rights:

grant connect, create session, imp\_full\_database to <username>;

* 1. Start the import with imp:

imp <username>/<password>@<hostname> file=<filename>.dmp log=<filename>.log full=y;

* If it was exported using expdp, then start the import with impdp:

impdp <username>/<password> directory=<directoryname> dumpfile=<filename>.dmp logfile=<filename>.log full=y;